

Hemp vs Marijuana: What's the Difference?

Hemp and marijuana are different varieties of the same plant species, *Cannabis sativa* L. Although they do share some similarities, the two plants have several key differences due to their biological structures.

	HEMP	MARIJUANA
Contains more than 0.3% Delta-9 THC		✓
Federally legal to grow and consume	✓	
Legal to grow and consume in Virginia	✓	✓*
Can be grown as fiber or seed crop	✓	
Can be used to make a variety of commercial and industrial products	✓	

* Up to four marijuana plants can be grown in a private residence. It is legal to use marijuana in a private residence.